

## **Good Work Success Strategies for the Recent Graduate**

***“Now that I have secured my first full-time role, how do I ensure I don’t stagnate at work?”***

There are a number of things you can do to remain visible, impactful and relevant at work. You have to work at career success continuously, by investing in yourself and ensuring a balance between delivering success for your employer/business and achieving success for yourself.

***Banish any self-doubt by following these 7 strategies from entrepreneur.com:***

- Focus on learning - if you adopt a growth mindset, you are less likely to be comparing yourself to others and this learning is likely to encourage more resilience in you.
- Divert stress into the energy of productivity, by focusing on solutions rather than potential failures.
- Understand that doubt and fear are natural parts of our work lives, but if you can let it lead you to constant growth and improvement, that is more manageable.
- Forgive yourself for those mistakes, those missteps, those blunders. We all make them - again, focus on the learning from them, rather than revisiting the shame.
- Surround yourself with mentors and supporters who REALLY believe in you, so they can lift you up in those times when YOU don't believe in you.
- Differentiate between WHAT you do and WHO you are - work doesn't have to define you; remember it's one aspect of your life.
- Reflect and re-evaluate - take time to review your purpose, objectives and goals - could reassessing some areas help reduce your self-doubt? Are you putting your energy into the right areas of work?

***Here's the top 7 strategies for keeping you ready for the future of work:***

- Stay ahead of shifts in your industry by constantly broadening your experience and perspective.
- Cultivate flexibility and resilience in your career.
- Be a generalist and learn as much as you can. Learn how to learn.
- Assume that disruptions will occur and prepare for them in advance.
- Equip yourself with the skills and resources you need to improvise.
- Be purposeful and forward-thinking about the choices you make.
- Use feedback gained from the results of your efforts to keep making more informed choices.

***Here's 4 steps to take in staying visible at work, without feeling like a fake or a narcissist:***

- ✓ Keep track of your achievements - they can be small if you are starting out in work or only doing part-time work, but it's good to get into this habit early in your career.
- ✓ Think about the message you are trying to convey to your colleagues/managers etc - is it articulating your passion or purpose at work, is it about the problem you are trying to solve?
- ✓ Focus on progress, not perfection - when you start emphasising what you are good at, with time you will find words, phrases, stories that work well for you.
- ✓ Make networking, even in an informal manner, a regular part of your work ethic - in person, online, in social situations or work events.